## Grow & Connect Volunteer Growing Support Role



The Active Wellbeing Society's gardening program aims to create safe community spaces where people can choose to help with growing activities or simply take a breath and relax.

**Volunteering with the gardening team, you will be** working with the Growing Lead, helping bring our community gardens to life. This will involve supporting the team with:

- landscaping
- planting
- · composting, and
- general horticultural work

There will also be opportunities to become involved in mini-workshops (such as seed planting & composting workshops) and growing sessions for members of the community. We'd love for you to bring ideas and your own expertise to these!

## As a gardening volunteer, you can expect:

- A fun and welcoming team, and we have refreshments together on site every session.
- Full training and induction to volunteering on the project and each task
- Travel expenses covered in line with our Volunteer Handbook
- To be kept in the loop about plans for the project and good news stories
- To always have a point of contact should you have any questions

## We are looking for volunteers who:

- Have experience in growing and gardening, or want to learn
- Are passionate about food waste and the benefits of community spaces
- Feel comfortable working with vulnerable members of the community
- Are familiar with independent working, or are happy to move towards this with experience
- Want to spend time with other people and get stuck in to community focused work.

No experience needed, just an interest in gardening, composting or reducing food waste.

## WHEN & WHERE:

Tuesdays 10.30am-12.30pm @ All Saints Church Small Heath, 172 Herbert Road B10 0PR

Tuesdays (time TBC) @ Omnia Practice 73 Yardley Green Road, B9 3PU

Wednesdays 10.30am-12.30pm @ Victoria Road Practice

Acocks Green, B27 7XZ

Thursdays 1.00pm – 3.00pm @ Hay Hall

Redfern Road, Tyseley, B11 2BE

