

Essex Pedal Power Volunteer

Driver's Buddy Role



The Active Wellbeing Society is a community benefit society and cooperative working to build healthy, happy communities living active and connected lives. We deliver a wide range of free activities and services aimed at improving wellbeing at an individual and community level.

Essex Pedal Power will be giving free bikes to priority postcodes of Greenstead, Colchester, to increase physical activity, improve mental health and increase job and training opportunities. Our aims are to overcome the barriers to cycling, encourage sustainable travel with those who are usually excluded and improve the health and wellbeing of residents encouraging more people to cycle in and around the city; making Colchester healthier, greener, safer and less congested. We provide cycle training, Bikeability training, led rides, loan bikes, recycled bikes and in partnership with Cycling UK develop community clubs to offer a pathway for continued engagement.

Volunteering with the Essex Pedal Power Team you will be helping provide local eligible residents with free bikes. The role includes accompanying the driver, and assisting with loading/unloading, on:

- a weekly drive from Colchester warehouse to Clacton warehouse to collect bikes and/or other bike items
- a monthly drive from Colchester Warehouse to Canvey Island Project to deliver bikes
- transporting cardboard to a recycling centre in Clacton

As an Essex Pedal Power volunteer, you can expect:

- A fun and welcoming team
- Full training and induction to volunteering on the project
- To be kept in the loop about plans for the project and good news stories
- Mileage expenses covered in line with our volunteer policy
- To always have a point of contact should you have any questions
- The opportunity to build skills and confidence through an individual development plan

We're looking for someone who is enthusiastic, friendly and willing to lend a hand to whatever may come their way.

WHEN & WHERE:

**Monday-Friday (to be agreed)
9am- 4.30pm**

**Unit 6C, Commerce Way
Whitehall Ind. Estate
Colchester, CO2 8HR**

**SIGN UP
ONLINE**