Essex Pedal Power Volunteer
Events & Give Away Support Role

The Active Wellbeing Society is a community benefit society and cooperative working to build healthy, happy communities living active and connected lives. We deliver a wide range of free activities and services aimed at improving wellbeing at an individual and community level.

Essex Pedal Power will be giving free bikes to priority wards of Basildon, to increase physical activity, improve mental health and increase job and training opportunities. Our aims are to overcome the barriers to cycling, encourage sustainable travel with those who are usually excluded and improve the health and wellbeing of residents encouraging more people to cycle in and around the town; making Basildon healthier, greener, safer and less congested. We provide cycle training, Bikeability training, led rides, loan bikes, recycled bikes and in partnership with Cycling UK develop community clubs to offer a pathway for continued engagement.

Volunteering with the Essex Pedal Power Team you will be supporting the team at events held to promote the scheme by assisting with with meet and greets, assisting with the safe hand over of bikes to the beneficiaries, engaging with the local community and assisting wherever required.

As an Essex Pedal Power volunteer, **you can expect:**
- A fun and welcoming team
- Full training and induction to volunteering on the project
- To be kept in the loop about plans for the project and good news stories
- Expenses, including mileage covered in line with our volunteer policy
- To always have a point of contact should you have any questions
- The opportunity to build skills and confidence through an individual development plan

We're looking for someone who is enthusiastic and friendly, willing to work as part of a team to promote Essex Pedal Power and the benefits of cycling.

**If you're confident, flexible with your time and willing to lend a hand
you are exactly who we are looking for!**

WHEN & WHERE:

Times, dates and venues vary, get in touch for more details.

SIGN UP ONLINE