## Cycling Volunteer Ride Leader Support Role



Big Birmingham Bikes was established as part of the Birmingham Cycle Revolution, a pioneering programme giving out free bikes to Birmingham's citizens. Our aims are to overcome the barriers to cycling, encourage sustainable travel with those who are usually excluded and improve the health and wellbeing of residents encouraging more people to cycle in and around the city; making Birmingham healthier, greener, safer and less congested. We provide cycle training, Bikeability training, led rides, loan bikes, recycled bikes and in partnership with Cycling UK develop community clubs to offer a pathway for continued engagement.

**Volunteering at with the cycling team** you will be supporting the Ride Leader in taking out led rides. Your role will include:

- Support the Ride Leader in leading the ride
- Supporting new members, working with the less able riders supporting them on the ride so they feel included
- Helping with M checks prior to the ride
- Administration support
- · Collecting data, signing up new members or swiping in current members

## As a cycling volunteer, you can expect:

- A fun and welcoming team, and we have lunch together on site every session
- Full training and induction to volunteering on the project and each task
- To be kept in the loop about plans for the project and good news stories
- Expenses, including mileage covered in line with our Volunteer Handbook
- To always have a point of contact should you have any questions
- The opportunity to build skills and confidence through an individual development plan

## We're looking for someone who is:

- engaging & supportive
- Looking to support their local community
- enthusiastic and friendly
- Willing to lend a hand to whatever may come their way.
- Has an interest in cycling and understanding the benefits cycling can bring to improve people's mental and physical wellbeing.

If you love cycling and want to help your community, you're exactly who we're looking for!

