

# HEALTH & WELLBEING CONNECT DIABETES OUTREACH SERVICE

1:2:1

PERSONALISED

**We offer patients support to access information, be active, eat well, improve levels of emotional wellbeing and diabetes self care.**

**We will connect patients to wider community and specialist resources in relation to issues such as housing, debt advice, mental health, fuel poverty, loneliness and isolation which are often barriers to prioritising self care and diabetes management.**

SUPPORT

**From more information please contact your GP/ Practice or email us at: [birminghameastcentralpcntaws@nhs.net](mailto:birminghameastcentralpcntaws@nhs.net)**