

Food Bank Support volunteer

The Active Wellbeing Society's **food distribution program** started in March 2020 in response to the Covid-19 pandemic. We partnered with over 80 organisations to deliver #BrumTogether, a network of community organisations and mutual aid groups providing support for local people, including the delivery of food parcels, hygiene products, and essential supplies. Our food bank now delivers both direct to individuals and families, and in bulk to partner organisations. To date, our food bank has delivered 29,889 food parcels directly to people in need – that's an average of 2,717 parcels a month, packed and delivered by volunteers.

Volunteering at the food bank involves a lot of being on your feet, working with our food distribution team to get food parcels packed and ready to go out. We have a range of tasks and roles, so there's a lot of scope to try out different things on site and find what works for you. There's the packing itself, coordinating restocking, doing recipe bag kits, or even helping the staff coordinate our volunteers coming on and off site. It's a fun environment with a calm but buzzing energy, always music playing and other volunteers and staff around for a chat and a warm drink while you're packing.

As a Food bank Volunteer, you can expect:

- Full training and induction to volunteering on the project and each task
- To be kept in the loop about plans for the project and good news stories
- Access to our wellbeing services as a member of the team
- Expenses, including mileage covered in line with our volunteer policy
- Any training that is required by the role (e.g. manual handling)
- To always have a point of contact should you have any questions
- The opportunity to build skills and confidence through an individual development plan

We are looking for volunteers who:

- Are passionate about providing essential support to people in need
- Can stay in contact with us and meet the requested availability
- Enjoy the gentle buzz of a busy environment
- Have a good sense of organisation and are happy with routine and structured work
- Want to spend time around other people and socialise while volunteering
- If you have experience in food retail or warehousing, this role would be perfect for you

We ask for a minimum of two 3 hour shifts (9am-12pm, 11am-2pm or 12pm-3pm) a month, to be booked via our volunteer portal. <u>Click here to be directed to</u> <u>our application form,</u> or visit: http://bttr.im/3si5t

Our food bank is open Monday to Friday.