

Activities in Quinton during six weeks holidays

	Saturday 27 th July	Thursday 8 th August	Friday 9 th August	Fri 16th August	Thurs 22nd August	Saturday 31st August
ACTIVITY	Free Family Fun	Tai chi	LED Bike Ride	Walk	Zumba	Family fun day
TIME	1- 3pm	12:30 -1:30pm	11am	10:00 – 11:00am	4pm	1 - 3pm
Activities	Multi-sport taster activities such as Archery, tennis, badminton and more	Welcoming, freindly and fun Tai Chi for beginners.	Cycling (bring a helmet, children need to be accompanied by an adult)	A social walk to help you move more	Zumba session, ideal for beginners or those who want to have fun.	Multi-sport taster activities, Smoothie Bike (TBC), Tai Chi, Facepainting (TBC), cycling and much more

All Activities are free and take place at HIGHFIELD FARM REC GROUND: B32 1QX.