

# Activities in Quinton during six weeks holidays

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6
<b>ACTIVITY</b>	Free Family Fun	Tai chi	Bring your own bike (TBC)	Walk	Zumba	Family fun day
<b>DATE</b>	Sat 27 <sup>th</sup> July	Thurs 8 <sup>TH</sup> August	TBC	Fri 16 <sup>th</sup> August	Thurs 22 <sup>nd</sup> August	Saturday 31 <sup>st</sup> August
<b>TIME</b>	1- 3pm	12:30 -1:30pm	TBC	10:00 – 11:00am	4pm	1 - 3pm
<b>Activities</b>	Multi-sport taster activities such as Archery, tennis, badminton and more	Welcoming, freindly and fun Tai Chi for beginners.	Cycling (TBC)	A social walk to help you move more	Zumba session, ideal for beginners or those who want to have fun.	Multi-sport taster activities, Smoothie Bike (TBC), Tai Chi, Walking, Facepainting (TBC), cycling and much more

All Activities take place at HIGHFIELD FARM REC: B32 1QX.

