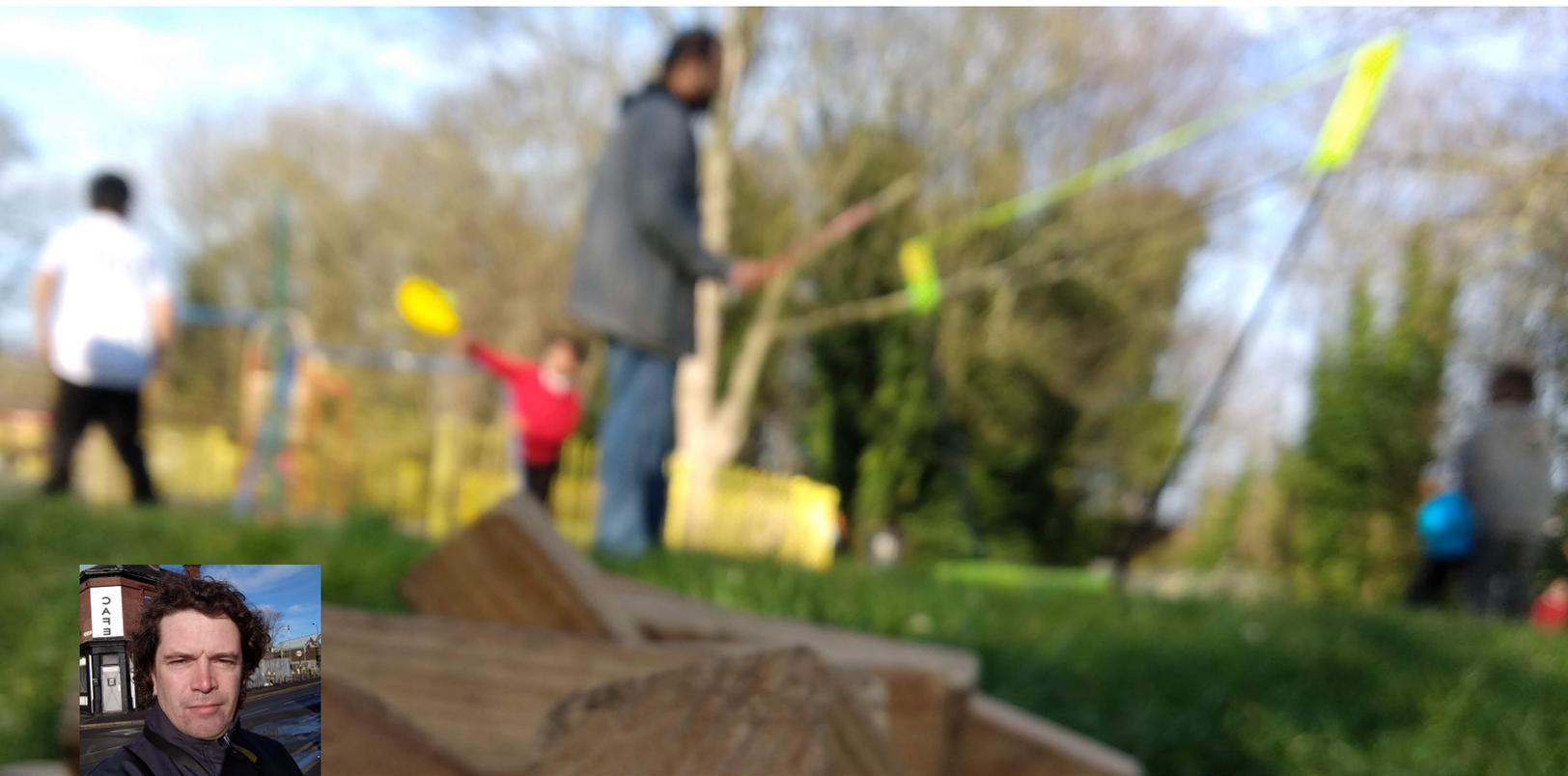


LIVING IT UP

In Chelmsley Wood, Glebe Farm, Fordbridge, Kingshurst,
Smiths Wood, Shard End & Tile Cross

AN OFFICIAL ACTIVE COMMUNITIES NEWSLETTER



WRITTEN BY MARCUS BELBEN

INSIDE OUR APRIL ISSUE:

VALUING OUR PLAYING FIELDS
OUT AND ABOUT....

WHAT IS ACTIVE COMMUNITIES?
NEW SUPPORT FOR COMPUTER SKILLS



Welcome

Thanks again everyone - it's been a busy month and we've got some exciting things going on in our area based on what you've asked for. Let's hope the sun keeps shining!

Don't forget it's the Great British Spring Clean at the moment. Join a local litter picking activity, and look out for 'ploggers' at our events (picking litter and jogging). We're looking forward to working more closely with local people and organisations to get everyone active.

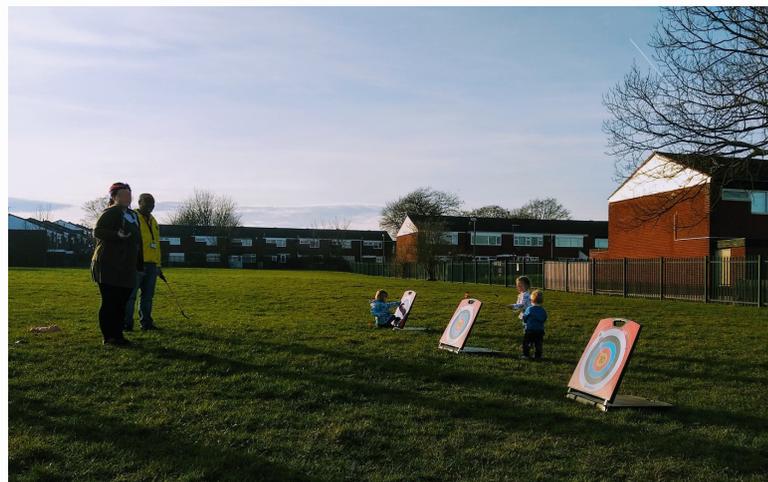
Please keep sharing your thoughts and suggestions for our newsletter and for how to get active in your area.

'We need to see more things happening outdoors'

Valuing our Playing Fields

We talked to Andy Warmington from Inclusive Sports about Bosworth Wood playing fields, and why they're so important.

Located in the middle of Smiths Wood housing estate in North Solihull there's an old school playing field – Bosworth Wood Primary is now closed, but it's playing fields are an important green space for local people.



We talked to Andy Warmington from Inclusive Sports about why the playing field is so important to his community. Andy is one of many local people who are involved in activities in the playing fields.

'It gives the opportunity for children in the area to take part in physical activity, to make friends, to keep fit and have a healthy lifestyle...other groups in the community are able to use it - children, families, dog walkers...it's a public space so people can use it as they wish.

Families have commented that they are very happy for their children to walk here to take part in activities.'



We will be supporting a day of activities at Auckland House and Bosworth Wood Playing Field on Wednesday afternoon 17th April – find out more from Cars Area Big Local 07825417141

'It's right in the heart of the area, in walking distance for a number of families that live in Smiths Wood and its on a bus route. People are able to walk to activities.'

Andy Warmington from Inclusive Sports

Out and about for free in your area....

Meriden Park, B37 5TB

Family Fun

13th April 12 to 4pm

Contact: ellen@meridenadventureplayground.com

Chelmsley Wood Library, B37 5TN

Art & Crafts

15th April 10am to 12pm

Contact: 0121 788 4380

River Cole by Glebe Farm, B33 9ND

Fun Days

15th & 28th April 12 to 3pm

Contact: kathrynalvis@hotmail.com

Auckland Hall, B36 9JR & Bosworth Wood

Easter Fun (£1)

17th April 1 to 5pm

Contact: 07847245869

www.thecarsarea.co.uk/whats-on

Shard End Library, B34 7AG

Family Fun, indoor & outdoor

25th April 2 to 4pm

Contact: shard.end.library@birmingham.gov.uk

Library Walks

Throughout the week, every week every library!

Contact: 0121 704 8207

www.solihullactive.co.uk/walking-in-solihull

Solihull.active@solihull.gov.uk

Knowle Park, B93 9HY

Scarecrow Making

Thursday 25 April 10.30am to 12pm

Pre-booking is essential – contact 0121 704 8000

Shard End Wellbeing Centre, B34 7RD

Couch to 5k

Mondays & Wednesdays 9am

5 to 10k

Wednesdays at 9am

10k+ Fridays at 9am

Beginners & mixed ability running

Thursdays at 6pm

Contact: 07903 790158

Smiths Wood Academy, B36 0UE

Beginners running

Thursdays at 4.30pm

Chelmsley Wood, B37 7TP

Beginners Running Fridays at 9am

North Solihull Sports Centre, B37 5LA

Social Running, Wednesdays at 6pm

Contact: 0121 728 7030

www.runbirmingham.com



What is Active Communities?

Active Communities is a new and exciting initiative that aims to create innovative solutions that make it easier for people to access social and physical activity. We are working together to find opportunities to come together and find ways to participate in creating happier and healthier lives in local communities.

We are creating a community crowd that can network people and empower them to work together with passion and purpose to make their communities great places. The more local people that get involved the more successful this will be, so take a look at the opportunities to work with us and make a difference in the community where you live.



Find out more about The Great British Spring Clean: www.keepbritaintidy.org

New Support for Computer skills

Are you job searching and find that you need to gain basic computer skills to help you?

Solihull Libraries are now offering free training using the Learn My Way website with staff to guide you.

It doesn't matter how much you know already, Learn My Way can guide you in skills such as using search engines, internet safety, online forms, finding a job online and managing your money online.

After improving your digital skills with Learn My Way, you can then work with Solihull Council's Employment and Skills team who can offer you individual support to find employment or training, including help to create a brilliant CV, applying for jobs and preparing for interviews.

Sessions are now running at libraries in Chelmsley Wood, Castle Bromwich, Shirley, Hobs Moat and Solihull; contact them or your local library for more information. Please call Castle Bromwich Library on 0121 747 3708.

Contact Active Communities...

E: ActiveCommunities@theaws.org

T: 0121 728 7030

W: www.theaws.co.uk

Join the crowd at:
theaws.co.uk/crowd